

When healthy eating on the go matters. The EATWELL KIT is a winner. Included is our insulated tote and Snack2Go stack with four stackable, portion control containers. Each kit includes a healthy snacking guide with food suggestions and calorie counts for each container and our EatWell Cards that offer healthy nutrition tips, tricks and recipes.



*eat well*



### KIT INCLUDES

- 1 Insulated Lunch Tote
- 2 Snack2Go Portion Control Stack
- 3 EatWell Nutrition Cards

Welcome Guide with Access to Online Resource Hub.

### ADDITIONAL INFO

Insulated Lunch Tote, Roll Top, Clip Closure: 12" x 9" x 4"

Snack2Go Portion Control Stack : 9" x 2.5"

EatWell Nutrition Cards: 3.5" x 2" x 0.25"

*Shopping Lists, Substitution Lists, Sunday Prep Ideas, Healthy Recipes, and More!*

Imprint Area on Lunch Tote Pocket: 5" x 3"

Minimum Order Quantity: 25

Available Tote Colors:

### RESOURCE HUB (included)



200+ Online Exercise Library



6 Week Workout & Nutrition Plan



Ask the Coaches - via Email



Motivating Workout Videos & Articles



Fit in 5 Series and more!